

Day 1.

Take a train which will be between 12pm-1pm and step out at the 2nd station that it stops.

Walk 6 minutes straight, after take the first turn to the left.

Walk till you find a person wearing blue and greet him or her. Ask for directions to the nearest water place.

After arriving at the location, collect some water.

Bring water back home and water a plant.

Tell the plant a story of meeting a person wearing blue.

Day 2.

Take bus number 5 from the right side of traffic. Go till the last stop.

After arriving, walk away from a bus stop for 10 minutes.

Find a spot (after a 10 minute walk) and dig a small hole.

Bury one of your that moment possessed belongings.

While going back, find a stranger.

Tell them what you just did.

Day 3.

Find an address which street name starts with a letter K with a house number 16.

Write a recipe of a dish and send it to the address.

Day 4.

Find the lowest point of the surroundings you are.

Gather some soil from your garden.

Go to the location.

Leave the soil there.

Day 5.

Call a 6th in a vertical row phone number you have in your address book.

Ask them to give you a task to do.

Don't explain anything.

Do the task they have given.

Day 6.

Go to the local library.

Find a book whose name starts with a letter H.

Open the middle page of a book.

On the left side read the 5th row.

Whatever that row says you have to write it on your wall.

Day 7.

Go to the furthest supermarket.

Buy a mango.

Give it to the person who had contacted you first this day.

Day 8.

Find an event that will happen today.

Go there wearing black.

Find a person wearing red.

Meet him/her.

Day 9.

Go to the nearest forest.

Find a middle point of it.

Gather the first object you will see there.

Give the object to the person you will meet on the way back.

Day 10.

Take a bicycle.

Leave at 12pm direction west.

Cycle for 20minutes with no breaks.

After reaching a time limit stop, lock your bike there.

Walk left till you find a rock on the ground.

Pick it and bring it back home.

At 12am throw it through the window.

Day 11.

Go to the nearest flower shop.

Buy a plant.

Take it to the nearest forest.

Plant it there.

Day 12.

Play a third song on the randomly generated playlist.

Skip it to 1:20 minutes.

Write the lyrics of this precise moment.

Send it to the person who last time you had a contact on November 16th.

Day 13.

Go to the shop which name starts with a letter B.

Find a purchase worth 10euros.

Buy it.

Ship it to your mother.

Day 14.

At 1pm appear in a city centre.

Find a public camera.

Put on earphones and play the first song that will pop up.

Dance in front of the camera.

Day 15.

Find a person whose first name starts with a letter J.

Get into contact with a person.

Invite him/her for dinner.

Cook a recipe which name starts with a letter B.

Day 16.

Find a house which has white bricks and a colorful door.

Ring a doorbell. (if no one opens the doors, find another house)

Ask the owner to come inside and see the house.

Start a conversation about white bricks.

Day 17.

Go to the highest building in your area.

Go to the last floor.

Wait for a person with glasses.

Ask them if you could borrow his/her glasses.

Put them on and look around.

Give back glasses and thank a person.

Day 18.

Leave the house and walk 5km straight from your house.

When arrived, stay still for an hour with your head up.

Day 19.

Call your relative.

Ask them to give you a task.

Don't explain anything.

Do the task.

Day 20.

Find an object in your house which you have forgotten.

Put it in your backpack.

Go to the nearest restaurant.

Take the object out of your bag.

Have lunch together.

Day 21.

After waking up, don't leave the bed the whole day.

If somebody contacts you, insist them to come over.

Day 22.

Walk to the longest street in the city centre.

Find a place to sit (bar, restaurant, bench, etc.)

Search for a person who looks the most similar to you.

Follow him/her.

Day 23.

Take a book from a shelf that you have read already.

Take out pages 5, 47, 87 and 88.

Put them in separate envelopes.

Envelope 5 hide it within your house. Envelope 47 send it to Hawaii. Envelope 87 give it to a person whose name starts with a letter K. Envelope 88 destroy it.

Day 24.

After reading this, for the rest of the day avoid reading anything.

Avoid writing. Avoid talking. Avoid sounds.

Day 25.

Dress up with flower pattern clothes.

Go to the plant store.

Ask a person working there to take a photo of you with the flowers.

Tell him/her you are getting married.

Day 26.

After waking up, have the most ordinary day. Have breakfast, watch news, go for a walk, call relatives, do laundry, clean your place, have lunch, read a book, clean dishes, watch tv series, go grocery shopping, prepare dinner, invite a friend for dinner, have a glass of wine, take shower, go to sleep.

Day 27.

Go to the train station.

Sit at the 2nd perron.

When the train comes, get inside.

Go to the last destination of the train.

When arrived, don't leave the train station.

Find a train back immediately.

Day 28.

At 1am go to the nearest bridge.

Stand in the middle.

Try to spit as far as you can.

Day 29.

Gather all the red colour objects in your house.

Put them in a rubbish bag.

Take it to the nearest water place.

Take one object of the bag.

Drown it in the water.

Day 30.

Gather all the grains in the kitchen.

Count them all.

While counting, listen to Bach.

Day 31.

Take a paper.

Write a letter to yourself.

Let her know who you are.

Give a letter to a person with whom you have little connection.

Ask them to keep it for 10 years and give it back to you after.